Harris County Medical Society and Houston Academy of Medicine to Install New Leaders

HCMS Installs its First Hispanic Woman President since its beginning in 1903

Houston, TX (Jan. 16, 2014)...The Harris County Medical Society (HCMS), the professional society for physicians in Harris County, and the Houston Academy of Medicine (HAM), the scientific and charitable organization for HCMS physicians, will install their new officers Friday, Jan. 17, from 6:30 to 9:30 p.m., at the HCMS/HAM Installation of Officers & Leadership Recognition, at the Petroleum Club of Houston, 800 Bell Street. HCMS is the largest county medical society in the nation, with more than 11,000 physician and medical student members.

Senator Joan Huffman will be the keynote speaker welcoming into office the 2014 HCMS President Elizabeth Torres, MD, and 2014 HAM President Kimberly E. Monday, MD, as well as the other HCMS and HAM officers. During the evening, HAM will honor Samuel L. Katz, MD, from Duke University School of Medicine, with the John P. McGovern Compleat Physician Award. This national award recognizes a physician who embodies excellence, humane and ethical care, and commitment to medical humanities.

Dr. Elizabeth Torres, board-certified internist and fellow of the American College of Physicians, will be installed as the 113th president of HCMS and the first Hispanic woman president of HCMS. She is the fifth woman to be president of HCMS. Since 1986, she has enjoyed private practice, serving the southwest Houston and Sugar Land areas. She received her medical education from Baylor College of Medicine and her residency training at Baylor College of Medicine and New Hanover Memorial Hospital in Wilmington, North Carolina.

Dr. Torres has hospital affiliations with Memorial Hermann Sugar Land, Memorial Hermann Southwest Hospital, West Houston Hospital, Methodist Hospital-Sugar Land, and St. Luke's Sugar Land Hospital. During her medical career, she has been very involved with organized medicine. She belongs to the Texas Medical Association (TMA), American College of Physicians, American Medical Association (AMA), and Hispanic American Medical Association of Houston.

Dr. Torres has held numerous positions at hospitals, including Vice-Chief of Staff at St. Luke's Hospital Sugar Land and chair of the Department of Internal Medicine at St. Luke's Hospital Sugar Land. In her community, she has presented numerous health education programs and served on the boards of the Fort Bend Chamber of Commerce, American Cancer Society and Fort Bend County Women's Center. For more than 10 years, she has given presentations to the National Youth Leadership Forum, which promotes careers in medicine to high school students.

She has been involved with organized medicine and other groups, holding various positions throughout the years, which include being: 2012 president of the Houston Academy of Medicine (HAM), a member of the Heart Failure Workgroup of the Physician Consortium for Performance Improvement (convened by the AMA), a member of the TMA Council on Scientific Affairs, president of the Southwest Branch of HCMS, a member of the General Internal Medicine Advisory Committee for Vaccine Policy Collaborative Initiative, a HCMS alternate delegate to TMA (2002), a HCMS delegate to TMA (2003 to present), secretary/treasurer of HCMS, a member of the HCMS Board of Medical Legislation, and a member of the HCMS Executive Board and HAM Board of Trustees.

Dr. Kimberly Monday, a neurologist at the Houston Neurological Institute, will be installed as the 2014 president of the Houston Academy of Medicine (HAM). Dr. Monday holds board certifications from the American Academy of Psychiatry and Neurology in Adult Neurology, Clinical Neuropsychology, and Sleep Medicine.

After graduating from the Plan II Honors Program at the University of Texas, Dr. Monday completed her medical training, neurology residency and chief residency at Baylor College of Medicine in Houston, Texas. Dr. Monday then received fellowship training in Clinical Neuropsychology at Emory University in Atlanta, specializing in intra-operative monitoring, diagnostic sleep medicine, EMG, and EEG. Dr. Monday has been named a "Super Doc" by Texas Monthly Magazine and "Top Doctor" by both H magazine and The Consumer's guide to Top Doctors. She serves on the Board of the Texas Neurological Society, as a delegate to the Texas Medical Association, and is Chairman of the Clinical Ethics and Palliative Care Committee for Memorial Herman Physicians Network. In addition, she serves on the Medical Advisory Board for the Houston Area Parkinson's Society, and the Harris County Medical Society Board of Medical Legislation. She has active privileges at Bayshore Hospital, Clear Lake Regional Hospital, Memorial Hermann Southeast Hospital, and St. Luke's Episcopal Hospital.
Dr. Monday provides neurological consultation for patients with epilepsy, movement disorders, and sleep disorders, and directs both the EEG and sleep laboratories at HNI. Dr. Monday provides state-of-the-art electrophysiological therapy for movement disorders, including deep brain stimulation programming, baclofen pump programming, and vagal nerve stimulation for epilepsy treatment.

**Dr. Torres and Dr. Monday** will serve as presidents for one-year terms, ending Dec. 31, 2014. The HCMS Executive Board is the governing board of HCMS and its members serve on the HAM Board of Trustees, the governing board of HAM. The four HCMS Members-at-Large are the officers of HAM. The HCMS Executive Board officers for 2014 are: **Elizabeth Torres, MD**, President; **Bradford S. Patt, MD**, President Elect; **Ronald S. Walters, MD**, Vice President; and **Helen M. Schilling, MD**, Secretary/Treasurer.

The HAM Board of Trustees for 2014 are: **Kimberly E. Monday, MD**, HAM President and HCMS Member-at-Large; **Lisa L. Ehrlich, MD**, HAM Vice President and HCMS Member-at-Large; **Alan P. Giombicki, MD**, HAM Treasurer and HCMS Member-at-Large; and **George D. Santos, MD**, HAM Secretary and HCMS Member-at-Large.

The following council and board chairs and branch presidents also will sit on the 2014 HCMS Executive Board and HAM Board of Trustees: **Eric J. Haufrect, MD**, HCMS Council of Hospital Chiefs of Staff Chair; **Monira Hamid-Kundi, MD**, HCMS Council of International and Affiliated Medical Societies Chair; **Madhureeta Achari, MD**, HCMS Council of Specialty Societies Chair; **Mary F. Hewitt, MD**, HCMS Board of Ethics Chair; **Sherif Z. Zaafran, MD**, HCMS Board of Medical Legislation Chair; **Gary J. Sheppard, MD**, HCMS Board on Socioeconomics Chair; **William S. Gilmer, MD**, Delegation to the TMA Chair; **Brian S. Wang, MD**, HCMS Central Branch President; **Richard A. Demmier, MD**, HCMS East Branch President; **Louise H. Bethea, MD**, HCMS North Branch President; **Jignesh P. Shah, MD**, HCMS Southeast Branch President; **J. Guillermo Trabanino, MD**, HCMS Southwest Branch President; **Muffaddal S. Morkas, MD**, HCMS Western Branch President; **Kenneth L. Mattox, MD**, of Baylor College of Medicine, and **Martin J. Citardi, MD**, of The University of Texas Health Science Center.

HCMS, established in 1903, is the professional society for physicians in Harris County. It is the largest county medical society in the nation, with a membership of more than 11,000 physicians and medical students. Its mission is to be the leading advocate for its member physicians, their patients and the community, in promoting the highest standards of ethical medical practice, access to quality medical care, medical education, research, and community health. In 1915, HCMS incorporated the Houston Academy of Medicine to support the community service, education, scientific and charitable programs for physicians, their patients, and the community at large in Harris County.