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HCMS/HAM Announce John P. McGovern Compleat Physician Award

HOUSTON -- Jan. 17, 2017 – The Harris County Medical Society (HCMS) and the Houston Academy of Medicine (HAM) named Dr. Herbert Fred, MACP, as the winner of the John P. McGovern Compleat Physician Award during the HCMS/HAM Installation of Officers & Leadership Recognition ceremony held Jan 13, 2017,

This annual national award, named after its first recipient, John P. McGovern, recognizes the physician who embodies the ideals of Sir William Osler -- medical excellence, humane and ethical care, commitment to medical humanities and writing, research, and harmony between the academic and medical practitioner.

Currently serving as a professor in the Department of Internal Medicine at UT Health Science Center in Houston, Dr. Fred embodies the Oslerian ideals. He has made significant contributions to the cardiovascular field, including being one of the members who performed the first cardiac catheterization on two patients with acute pulmonary edema of altitude.

His commitment to excellence in medical care, education and community service resulted in the highest award the American College of Physicians can give, the Laureate Award.

Dr. Fred has devoted the majority of his professional career to teaching. In fact, that many of his students have gone on to become leaders in American medicine, including a head of the United States Food and Drug Administration, a medical school chancellor and a president of a health science center.

He was honored by his former students for his 50 years of teaching when they founded the Herb Fred Medical Society, Inc. The nonprofit organization provides donations to Doctors Without Borders and other national emergency efforts including aiding the victims of Hurricane Katrina and the West, Texas explosion.

Finally, he and his family donated $350,000 to the Texas Medical Center Library for the construction of the Herbert L. Fred, MD, MACP Student Study Hall, which is accessible to medical students and house officers year round.


HCMS, established in 1903, is the professional society for physicians in Harris County. It is the largest county medical society in the nation, with a membership of more than 11,000 physicians and medical students. Its mission is to be the leading advocate for its member physicians, their patients and -more-
the community, in promoting the highest standards of ethical medical practice, access to quality medical care, medical education, research, and community health. In 1915, HCMS incorporated the Houston Academy of Medicine to support the community service, education, scientific and charitable programs for physicians, their patients, and the community at large in Harris County.

The Houston Academy of Medicine (HAM) was incorporated by the HCMS in February 1915 to establish a medical library. HAM is the scientific and charitable [501 (c) (3)] organization of the physicians who make up the membership of HCMS. In addition to providing community health education, and is one of the participating institutions in the operation of the Houston Academy of Medicine-Texas Medical Center Library. The HCMS Executive Board also serves at the Board of Trustees, the governing body of HAM. The four HCMS members-at-large serve as the officers of HAM, with the senior member-at-large serving as president.

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Attachment:
Compleat Award Presentation.jpg

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