Recovered from COVID-19?

Be a hero, help others! You can donate **convalescent plasma**.

Convalescent plasma is the liquid part of blood collected from patients who have recovered from an infection. It contains antibodies that could help others fight the disease.

**Qualifications:**

- Must have had a positive COVID-19 diagnosis documented by a laboratory test.
- Must have fully recovered from COVID-19, with no symptoms for at least 14 days before the donation.
- Must meet all existing donor eligibility requirements.

Call Gulf Coast Regional Blood Center at (713) 791-6608 to get on the waitlist. Visit [giveblood.org](http://giveblood.org) for more information.